



## **Prostate Awareness Foundation** **Virtual Discussion & Support Group Meeting** *(Via Zoom on the 3<sup>rd</sup> Tuesdays of the month)*

This Month's Topic: **OPEN FORUM** with discussion of the new saliva test  
**Tues., June 18, 2024 via zoom 5-7:00pm PST (6pm MST, 7pm CST, 8pm EST)**

Join Zoom Meeting: <https://us02web.zoom.us/j/4267253144?omn=87673136745>

Meeting ID: 426 725 3144

One tap mobile

+16694449171,,4267253144# US

+16699009128,,4267253144# US (San Jose)

Dial by your location

• +1 669 444 9171 US

• +1 669 900 9128 US (San Jose)

• +1 646 558 8656 US (New York)

Find your local number: <https://us02web.zoom.us/u/kdOyDUkxw4>

PAF offers a unique approach to prostate health and healing. With emphasize on integration of protocols from both conventional and alternative medicine. Our group is composed of men who are looking to explore all of their options in regardsto prostate health. We all share one common thread: We are all searching for the best way to avoid prostate cancer and BPH or if we have it, survive and avoid recurrence while maintaining a good quality of life.

If you are willing to take proactive responsibility for your health, you will benefit from these meetings. Recent PAF topics of discussion and lectures have included:

Proper nutrition

Sexual Issues

Good Fats/Bad Fats

BPH

Promising Protocols

Chinese Medicine

Meditation & Qi Gong

Metabolic Testing

Vitamins & Supplements

Hormones

The latest diagnostic tools

Healing - the emotional side

The PSA test - Should you have one?

Innovative Immune Boosting

Supplements



*Statistics indicate that cancer patients in support group settings live twice as long as those not involved. Come join us for support, information, and discussion. Email [kamalik@prostateawarenessfoundation.org](mailto:kamalik@prostateawarenessfoundation.org) or call Ken Malik at 415-675-5661.*

[www.prostateawarenessfoundation.org](http://www.prostateawarenessfoundation.org)  
*Integrative Paths to Healing*