



# **Lands End - Sutro Baths Trail To Baker Beach and Back San Francisco**

**Monday, October 21, 2024 @ 9am  
Easy to Moderate**

**3-4 hours, 200' elevation gain, 4-5 miles**

**Meet in the Sutro Bath's Parking Lot at Land's End on Geary Blvd. / Pt Lobos  
Ave at 9am, please be on time.**

**We'll first visit the Sutro Baths ruins, then hike along the coastal trail, thru  
the Sea Cliff neighborhood to Baker Beach and back. You can shorten this  
hike as it is an out and back.**

**Wear layered clothing; bring water, snacks and lunch**

**Please contact Ken Malik at 415-407-3961**

**Or**

**[kamalik@prostateawarenessfoundation.org](mailto:kamalik@prostateawarenessfoundation.org)**

**no later than 5pm on Sunday night to let us know you are planning to  
participate and so we can arrange carpooling and logistics.**

**Hope to see you on the trail.**

**[www.prostateawarenessfoundation.org](http://www.prostateawarenessfoundation.org)**

**Integrative Paths to Healing**