



**Bodega Head Exploration
Bodega Bay, Sonoma County
Monday, Oct. 28, 2024 @ 11am
3 Hrs, 300' Elevation, 3-4 miles**

**PLEASE NOTE THE SPECIAL START TIME OF
11AM FOR THIS HIKE**

Easy to Moderate

We will explore the trails around Bodega Head both to the South and North of the parking lot at the very end of the road overlooking the Ocean.

To get there: Go North thru the town of Bodega Bay and make a left on East Shore Rd. Then make a left at Bay Flat Rd which becomes Westshore Rd. toward the Head. Go up to the top of the hill and then head down toward the West. Keep on going to the very end of the road. The furthest parking is at the end by the cliffs and bathrooms. Park where you can. We will meet by the rest rooms at 11am.

ALERT: It can get foggy, cold and windy on the Head very quickly, dress in layers. Hiking poles are always handy. Please contact Ken Malik at 415-407-3961

Or

kamalik@prostateawarenessfoundation.org

no later than 5pm on Sunday night to let us know you are planning to participate and so we can arrange carpooling and logistics. Hope to see you on the trail.

www.prostateawarenessfoundation.org